



Best ways to care for your new tattoo

1. **For the first 3-5 days after being tattooed, please leave Saniderm on.** Once you're ready to remove the wrap, gently run it under water and peel slowly. Wash your tattoo with unscented antibacterial soap, **pat** the area dry with a fresh paper towel or clean cloth, then apply a thin layer of unscented lotion or unscented moisturizer over it. If you start to notice redness around the tattoo area, feel free to remove the Saniderm sooner.

2. **For the following days.** You should continue to gently clean your tattoo in the morning and at night for the duration of the healing process (2-3 weeks) with unscented antibacterial soap. For the first week, keep using a thin layer of **unscented products** after washing (**NO sunblock**). You do not need to wash your tattoo every time before applying **unscented products**, just make sure your hands are always clean before touching your tattoo.

Be sure not to over moisturize the healing tattoo; this can lead to itchiness, rot, ink fall out and even possible infection. Do not submerge your tattoo for the first 2-3 weeks of the healing process (i.e swimming, hot tubs, baths, saunas, etc.)

3. **Keep this regimen until your tattoo heals.** Don't pick at it, don't rub it hard, and keep it clean! It might be itchy as it dries and heals, but that's ok. Don't mess with it! If you really can't bear it, slap that bad boy. About two weeks in, you should start to see some major healing.

Recommended soaps: Dr. Bronner's, Dial, or Soft Soap

Anything with as little fake ingredients and fake scents is good, really

Recommended lotions: Aveeno, Lubriderm, Aquaphor

Again, anything with as little fake ingredients and fake scents is good, really

Please email us at any point in your healing journey if you have any questions:

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