



Best ways to care for your new tattoo

1. **The night of your tattoo, please leave it wrapped up.** If you need to rewrap your tattoo, clean it off very gently with unscented soap, apply lotion, and wrap it with clean saran wrap. Your bed sheets are super dirty and your tattoo will be leaking, so you'll be saving your skin and your sheets.
2. **After that first night, shower and gently wash it with unscented soap.** After your shower, pat it dry with a paper towel. Use your lotion on it, and then *leave it for the rest of the day*. I've found over-moisturizing can lead to itchiness, rot, and some fall-out for the color, so I recommend morning moisturizing only.
3. **Keep this regimen until your tattoo heals.** Don't pick at it, don't rub it hard, and keep it clean! It might be itchy as it dries and heals, but that's ok. Don't mess with it! About two weeks in, you should start to see some major healing.

Recommended soaps: Dr. Bronner's, Dial, Dove

Anything with as little fake ingredients and fake scents is good, really

Recommended lotions: Coconut oil, Aveeno, Lubriderm

Again, anything with as little fake ingredients and fake scents is good, really

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